



Spring Term 1 2026 Reception Class

Personal, Social and Emotional Development

- Building Relationships:

Build purposeful and constructive relationships.

- Managing Self:

Show resilience and perseverance when facing new challenges. Consider the feelings of others.

- Self Regulation:

Learning about connections between how others feel and their behaviour. Introduce Zones of Regulation.

Family Links Themes: *Getting to know each other; Getting to know each other more: Making Rules and Time to Calm Down; Praise and Criticism: Personal Power:*

Maths

- Number

Learning about zero. Subitising 1-5, Finding and representing 6,7&8.

- Numerical Patterns:

Exploring capacity & weight using sand, water, dried pulses, etc. Compare weight & capacity. Odd & even numbers, Making doubles. Exploring length,

White Rose Maths Units – “Alive in 5” & “Growing 6,7,8!”, “Mass & Capacity”, “Length”

Physical Development

- Gross Motor Skills:

Develop core strength and overall body strength through balancing, climbing and lifting.

- Fine Motor Skills:

Establish skills when using a range of equipment, developing pincer grip, using tools safely, e.g. scissors, peg boards, hammers, knives, forks. and a range of malleable materials e.g. clay, dough.



Literacy

- Comprehension:

Retell stories & narratives, recite poems, rhymes. Use vocabulary from stories, poems.

- Reading

Learn Special Friends – (Read Write Inc Phonics – Set 2). Read some simple sentences and blend longer words. Identify characters and settings.

Core Books Focus: “I like Books”, “Lulu loves the Library” “Jack & the Beanstalk” Non-Fiction books about seasons, birds. Atlases. Author Focus: Anthony Browne

- Writing

Continue to explore variety of drawing and writing materials. Write simple words/sentences, beginning to use a capital letter and full stop & writing the sounds they hear in words.

Communication and Language

- Speaking

Retell own and well-known stories. Communicate confidently with others; use questions to check understanding. Describe events in detail and use social phrases.

- Listening, Attention and Understanding.

Develop listening skills from following instructions, listening to and engage in discussions and story times. Respond to new and familiar rhymes, stories and poems.

Understanding the World

- Past & Present

Learn about the past from local walks, favourite stories and nursery rhymes.

- People, Culture & Communities

Recognise that people have different beliefs and celebrate special times in different ways. New Year, Epiphany, birthdays,

-The Natural World

Make observations of the natural world, e.g., changing seasons, RSPB Schools Bird Watch

Expressive Arts and Design

- Creating with Materials:

Use a range of artistic effects to express ideas. Develop skills in assembling and joining techniques. Making books,

- Being Imaginative and Expressive:

Explore and engage in music making; perform well known and their own songs. Investigate winter colours. Young Art Oxford competition.

Charanga Focus Songs: *Wind the Bobbin Up, Rock-a-bye Baby, Five Little Monkeys Jumping on The Bed, Twinkle Twinkle, If You're Happy and You Know It, Head, Shoulders, Knees and Toes*



St Andrew's CE Primary, Headington