



## Spring Term 1 2026 Reception Class

### Personal, Social and Emotional Development

#### - Building Relationships:

*Build purposeful and constructive relationships.*

#### - Managing Self:

*Show resilience and perseverance when facing new challenges. Consider the feelings of others.*

#### - Self Regulation:

*Learning about connections between how others feel and their behaviour. Introduce Zones of Regulation.*

#### Family Links Themes:

*Getting to know each other; Getting to know each other more;*

*Making Rules and Time to Calm Down; Praise and Criticism: Personal Power;*

### Maths

#### - Number

*Learning about zero. Subitising 1-5, Finding and representing 6,7&8.*

#### - Numerical Patterns:

*Exploring capacity & weight using sand, water, dried pulses, etc. Compare weight & capacity. Odd & even numbers, Making doubles. Exploring length,*

*White Rose Maths Units – “Alive in 5” & “Growing 6,7,8!”, “Mass & Capacity”, “Length”*



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### Physical Development

#### - Gross Motor Skills:

*Develop core strength and overall body strength through balancing, climbing and lifting.*

#### - Fine Motor Skills:

*Establish skills when using a range of equipment, developing pincer grip, using tools safely, e.g. scissors, peg boards, hammers, knives, forks, and a range of malleable materials e.g. clay, dough.*



### Literacy

#### - Comprehension:

*Retell stories & narratives, recite poems, rhymes. Use vocabulary from stories, poems.*

#### - Reading

*Learn Special Friends – (Read Write Inc Phonics – Set 2). Read some simple sentences and blend longer words. Identify characters and settings.*

*Core Books Focus: “I like Books”, “Lulu loves the Library” “Jack & the Beanstalk” Non-Fiction books about seasons, birds. Atlases. Author Focus: Anthony Browne*

#### - Writing

*Continue to explore variety of drawing and writing materials. Write simple words/sentences, beginning to use a capital letter and full stop & writing the sounds they hear in words.*

### Communication and Language

#### - Speaking

*Retell own and well-known stories. Communicate confidently with others; use questions to check understanding. Describe events in detail and use social phrases.*

#### - Listening, Attention and Understanding.

*Develop listening skills from following instructions, listening to and engage in discussions and story times. Respond to new and familiar rhymes, stories and poems.*

### Understanding the World

#### - Past & Present

*Learn about the past from local walks, favourite stories and nursery rhymes.*

#### - People, Culture & Communities

*- Recognise that people have different beliefs and celebrate special times in different ways. New Year, Epiphany, birthdays,*

#### -The Natural World

*Make observations of the natural world, e.g., changing seasons, RSPB Schools Bird Watch*

### Expressive Arts and Design

#### - Creating with Materials:

*Use a range of artistic effects to express ideas. Develop skills in assembling and joining techniques. Making books,*

#### - Being Imaginative and Expressive:

*Explore and engage in music making; perform well known and their own songs. Investigate winter colours. Young Art Oxford competition.*

**Charanga Focus Songs:** Wind the Bobbin Up, Rock-a-bye Baby, Five Little Monkeys Jumping on The Bed, Twinkle Twinkle, If You're Happy and You Know It, Head, Shoulders, Knees and Toes