

DID YOU
KNOW?

This menu has been proudly
awarded the Bronze School
Plate Award by ProVeg
International!

What we eat has a huge
impact on the world around
us. We've made small changes
to create a healthier, more
sustainable menu.

Eating less meat is one of the
biggest ways to help the
environment—and it can still
be super tasty!



FREE SCHOOL
MEALS

All pupils between reception and year 2
are entitled to a free nutritious
school lunch.

Everyone automatically gets Universal
Infant FREE school meals and can
benefit by over £480 per child per year.
If your child is in year 3 or above, find
out if they could still qualify for a
free school meal by contacting the
school office.



SPECIAL DIETS

If your child requires a special diet
for medical reasons,
please check out our website

www.edwardsandward.co.uk

for a full list of FAQs
and to complete our online form.



MENU

AUTUMN/WINTER

2025-26



edwards and ward
a recipe for success

WEEK ONE

MONDAY

Rainbow Noodle Bowl (Ve) **or**
Margherita Pizza with Slaw (V)
Veg of the Day
Chocolate & Vanilla Swirl Cookie (Ve)

TUESDAY

Homemade Turkey Burger with Salad & Herbed Potatoes
or Classic Mac & Cheese (V)
Veg of the Day
Apple Cake (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**
Homestyle Carvery Loaf with Roasties & Gravy (Ve)
Veg of the Day
Fruity Jelly (Ve)

THURSDAY

Traditional Shepherd's Pie with Root Vegetables
or Creamy Cauliflower & Chickpea Curry with Rice (Ve)
Veg of the Day
Flapjack (Ve)

FRIDAY

Fish Fingers with Chips **or**
Cheesy Bean Whirls with Chips (V)
Veg of the Day
Banoffee Crumble (Ve) with Custard (V)

1/9/25, 22/9/25, 13/10/25, 3/11/25, 24/11/25,
15/12/25, 5/1/26, 26/1/26

WEEK TWO

Cosy Bean Chilli with Rice (Ve) **or**
Margherita Pizza with Slaw (V)
Veg of the Day
Vanilla Snap (Ve)

Chicken Souvlaki Pitta with Tzatziki & Wedges
or Pea Falafel Pitta (Ve) with Tzatziki & Wedges (V)
Veg of the Day
Jaffa Cake Sponge (V)

Roast of the Day with Roasties & Gravy **or**
Butternut Squash Hot Pot with Roasties (Ve)
Veg of the Day
Fruity Jelly (Ve)

Penne with Turkey Bolognese
or Golden Topped Cottage Pie (Ve)
Veg of the Day
Flapjack (Ve)

Fish Fingers with Chips **or**
Samosa Stack with Chips (Ve)
Veg of the Day
Banana Custard Ice Cream (V)

8/9/25, 29/9/25, 20/10/25, 10/11/25, 1/12/25,
22/12/25, 12/1/26, 2/2/26

WEEK THREE

Sweet Potato Korma with Rice (Ve) **or**
Margherita Pizza with Slaw (V)
Veg of the Day
Lemon Biscuit (Ve)

Lightly Crumbed Katsu Chicken with Rice
or Penne with Garden Bolognese (Ve)
Veg of the Day
Oaty Apple & Rhubarb Crumble (Ve) with Custard (V)

Roast of the Day with Roasties & Gravy **or**
Cheese, Leek & Potato Pie with Roasties (V)
Veg of the Day
Fruity Jelly (Ve)

Campfire Turkey Chilli with Rice
or Fiesta Beany Burrito (Ve)
Veg of the Day
Choco Krispie Bite (Ve)

Fish Fingers with Chips **or**
Crispy Garden Fingers with Chips (Ve)
Veg of the Day
Banana Cake (V)

15/9/25, 6/10/25, 27/10/25, 17/11/25, 8/12/25,
29/12/25, 19/1/26, 9/2/26

Classic Tomato Pasta (Ve) and **Jacket Potatoes with a Choice of Filling** (including V/Ve options) are also available daily along with freshly baked bread, salad, fresh fruit, jelly (Ve), yoghurts (V) and fresh drinking water.



V - Vegetarian Ve - Vegan