

DID YOU KNOW?

Primary schools in England generate around 55,408 tonnes of food waste per year.

Our new menus are all designed to help schools reduce food waste by including lots of firm favourites as well as offering more flexibility with options and portion sizes.



## FREE SCHOOL MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by over £480 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



## SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

[www.edwardsandward.co.uk](http://www.edwardsandward.co.uk)

for a full list of FAQs and to complete our online form.



# MENU

SPRING/SUMMER

2025



edwards and ward  
a recipe for success

## WEEK ONE

MONDAY

Penne with Vegeballs & Tomato Sauce (Ve) **or**  
Margherita Pizza with Coleslaw & Salad (V)  
**Veg of the Day**  
Chocolate Shortbread (Ve)

TUESDAY

Chicken Fajita Fried Rice **or**  
Deep Filled Jacket with Beany Chilli (Ve)  
**Veg of the Day**  
Pineapple Upside Down Cake (V)

WEDNESDAY

Roast Chicken with Roasties & Gravy **or**  
Sweet Potato Crumble with Roasties (Ve)  
**Veg of the Day**  
Fresh Fruit Salad (Ve)

THURSDAY

Shepherd's Pie **or**  
Penne with Veggie Ragu (Ve)  
**Veg of the Day**  
Sultana Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Vegetable Fingers with Chips (Ve)  
**Veg of the Day**  
Custard Rice Pudding (V)

24/2/25, 17/3/25, 7/4/25, 28/4/25, 19/5/25,  
9/6/25, 30/6/25, 21/7/25

## WEEK TWO

Vegetable Fried Rice (Ve) **or**  
Margherita Pizza with Coleslaw & Salad (V)  
**Veg of the Day**  
Vanilla Shortbread (Ve)

Turkey Lasagne **or**  
Sweet Potato & Bean Chilli with Golden Rice (Ve)  
**Veg of the Day**  
Iced Carrot Cake (V)

Roast Chicken with Roasties & Gravy **or**  
Loaded Yorkshire with Roasties (V)  
**Veg of the Day**  
Fresh Fruit Salad (Ve)

Spanish Chicken with Butter Beans  
& Patatas Bravas **or**  
Mac & Cheese (V)  
**Veg of the Day**  
Apple Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Vegetable Fingers with Chips (Ve)  
**Veg of the Day**  
Vanilla Ice Cream with Banana (V)

3/3/25, 24/3/25, 14/4/25, 5/5/25, 26/5/25,  
16/6/25, 7/7/25

## WEEK THREE

Mild Indonesian Vegetable Curry with Rice (Ve) **or**  
Margherita Pizza with Coleslaw & Salad (V)  
**Veg of the Day**  
Sultana Shortbread (Ve)

Deep Filled Jacket with Turkey Chilli **or**  
Fajita Rice Bake (Ve)  
**Veg of the Day**  
Apple Sponge (V)

Roast Chicken with Roasties & Gravy **or**  
Cheese, Leek & Potato Pie with Roasties (V)  
**Veg of the Day**  
Fresh Fruit Salad (Ve)

Stir-fried Asian Chicken with Noodles **or**  
Penne with Beany Bolognese (Ve)  
**Veg of the Day**  
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Vegetable Fingers with Chips (Ve)  
**Veg of the Day**  
Chocolate Brownie (V)

10/3/25, 31/3/25, 21/4/25, 12/5/25, 2/6/25,  
23/6/25, 14/7/25

Choice of **Filled Jacket Potatoes** also available daily  
along with freshly baked bread, salad, fresh fruit, yoghurts, jelly and fresh drinking water.

